

You will need: An empty cereal box, scissors, ruler.

Put the cereal box on the floor in front of you standing upright.

Keep both feet on the floor and put both hands behind your back.

Pick up the cereal box with your teeth!

Now cut 2cm off and do it again.

Keep cutting off 2cms and see how small your box goes.

Challenge the other members of your family to have a go too.

What was the final height you all achieved?

With practice did it get easier?